



Activity Tracker (Yellow Clients)

| Name: | | Monday | Tuesday | Wednesday | Thursday | Friday | Total |
|---|--|-------------|-------------|-------------|-------------|-------------|-------|
| Weekly Schedule Starting: | | | | | | | |
| Class Type | Class | Monday | Tuesday | Wednesday | Thursday | Friday | Total |
| Healing Arts <i>Max 3 Per Week</i> | Mindful Movement | Available | Unavailable | Available | Available | Available | |
| | ZOOM Mindful Movement | Available | Unavailable | Available | Available | Available | |
| | ZOOM Tai Chi | Available | Unavailable | Available | Unavailable | Unavailable | |
| | Yes, I Can Move™ | Unavailable | Unavailable | Unavailable | Available | Unavailable | |
| | Off-Site: | | | | | | |
| | Off-Site: | | | | | | |
| | Total Healing Arts | | | | | | |
| Physical Wellness & Healing Arts Combo <i>Max 2 Per Week</i> | Mindful Movement / BED™ / Boxing | Available | Unavailable | Unavailable | Unavailable | Unavailable | |
| | Mindful Movement / BED™ / Drums Alive® | Unavailable | Unavailable | Available | Unavailable | Unavailable | |
| | ZOOM Mindful Movement / BED™ / Boxing | Available | Unavailable | Unavailable | Unavailable | Unavailable | |
| | ZOOM Mindful Movement / BED™ / Drums Alive® | Unavailable | Unavailable | Available | Unavailable | Unavailable | |
| | Off-Site: | | | | | | |
| | Off-Site: | | | | | | |
| | Total Combo | | | | | | |
| Fit 4 You <i>Max 4 Per Week</i> | Art Workshop | Unavailable | Available | Unavailable | Available | Unavailable | |
| | Loud Crowd® | Unavailable | Unavailable | Unavailable | Available | Unavailable | |
| | Melodica with Kevin <i>*only 1st & 3rd Wednesdays</i> | Unavailable | Unavailable | Available | Unavailable | Unavailable | |
| | Music That Moves You | Unavailable | Available | Unavailable | Available | Unavailable | |
| | Say It Like You Mean It | Available | Unavailable | Unavailable | Unavailable | Unavailable | |
| | Think Loud | Unavailable | Unavailable | Unavailable | Available | Unavailable | |
| | Off-Site: | | | | | | |
| | Off-Site: | | | | | | |
| | Total Fit 4 You | | | | | | |

= class offering available

= weekly total