



### Sample Schedule (Yellow Clients)

Name:		Monday	Tuesday	Wednesday	Thursday	Friday	Total
Weekly Schedule Starting:							
Class Type	Class	Monday	Tuesday	Wednesday	Thursday	Friday	Total
Healing Arts <i>Max 3 Per Week</i>	Mindful Movement						
	ZOOM Mindful Movement					X	1
	ZOOM Tai Chi			X			1
	Yes, I Can Move™				X		1
	Off-Site:						
	Off-Site:						
	<b>Total Healing Arts</b>						<b>3</b>
Physical Wellness & Healing Arts Combo <i>Max 2 Per Week</i>	Mindful Movement / BED™ / Boxing	X					1
	Mindful Movement / BED™ / Drums Alive®			X			1
	ZOOM Mindful Movement / BED™ / Boxing						
	ZOOM Mindful Movement / BED™ / Drums Alive®						
	Off-Site:						
	Off-Site:						
	<b>Total Combo</b>						<b>2</b>
Fit 4 You <i>Max 4 Per Week</i>	Art Workshop		X		X		1
	Loud Crowd®						
	Melodica with Kevin <i>*only 1st &amp; 3rd Wednesdays</i>						
	Music That Moves You		X				1
	Say It Like You Mean It						
	Think Loud				X		1
	Off-Site:						
	Off-Site:						
	<b>Total Fit 4 You</b>						<b>4</b>

= class offering available

= weekly total