

Name: \_\_\_\_\_  
 Weekly Schedule Starting: \_\_\_\_\_



### Activity Tracker (Green Clients)

Class Type	Class	Monday	Tuesday	Wednesday	Thursday	Friday	Total
<b>Healing Arts</b> <i>Max 3 Per Week</i>	Mindful Movement	Available	Unavailable	Available	Available	Available	
	ZOOM Mindful Movement	Available	Unavailable	Available	Available	Available	
	ZOOM Tai Chi	Available	Unavailable	Available	Unavailable	Unavailable	
	Yes, I Can Move™	Unavailable	Unavailable	Unavailable	Available	Unavailable	
	Off-Site:						
	Off-Site:						
	<b>Total Healing Arts</b>						
<b>Physical Wellness</b> <i>Max 5 Per Week</i>	BED™	Available	Unavailable	Available	Unavailable	Unavailable	
	ZOOM BED™	Unavailable	Unavailable	Available	Unavailable	Available	
	BED™ / Boxing	Available	Available	Unavailable	Unavailable	Unavailable	
	BED™ Cardio / Falls Prevention	Unavailable	Available	Unavailable	Available	Unavailable	
	BED™ Strength / Drums Alive®	Unavailable	Unavailable	Unavailable	Unavailable	Available	
	Boxing	Unavailable	Unavailable	Available	Unavailable	Unavailable	
	Spinning	Unavailable	Available	Unavailable	Available	Unavailable	
	ZOOM Spinning	Unavailable	Available	Unavailable	Unavailable	Unavailable	
	Off-Site:						
	Off-Site:						
	<b>Total Physical Wellness</b>						
<b>Fit 4 You</b> <i>Max 3 Per Week</i>	Art Workshop	Unavailable	Available	Unavailable	Available	Unavailable	
	Handwriting *8-week workshop	Unavailable	Unavailable	Available	Unavailable	Unavailable	
	LOUD Crowd®	Unavailable	Unavailable	Unavailable	Available	Unavailable	
	Melodica with Kevin <i>*only 1st &amp; 3rd Wednesdays</i>	Unavailable	Unavailable	Available	Unavailable	Unavailable	
	Music That Moves You	Unavailable	Available	Unavailable	Available	Unavailable	
	Say It Like You Mean It	Available	Unavailable	Unavailable	Unavailable	Unavailable	
	Speech, Swallow and Cognition <i>*8-week educational series</i>	Unavailable	Unavailable	Unavailable	Available	Unavailable	
	Off-Site:						
	Off-Site:						
<b>Total Fit 4 You</b>							3

= class offering available

= weekly total

Name:  
Weekly Schedule Starting:



### Notes (Green Clients)

Class Type	
Healing Arts	
Physical Wellness	
Fit 4 You	