



**Activity Tracker (Yellow Clients)**

| Name:   |  | Monday      | Tuesday     | Wednesday   | Thursday    | Friday      | Total |
|---|--|-------------|-------------|-------------|-------------|-------------|-------|
| Weekly Schedule Starting:                                       |  |             |             |             |             |             |       |
| Class Type  | Class  | Monday      | Tuesday     | Wednesday   | Thursday    | Friday      | Total |
| Healing Arts<br><i>Max 3 Per Week</i>                           | Mindful Movement   | Available   | Unavailable | Available   | Available   | Available   |       |
|   | ZOOM Mindful Movement  | Available   | Unavailable | Available   | Available   | Available   |       |
|   | ZOOM Tai Chi   | Available   | Unavailable | Available   | Unavailable | Unavailable |       |
|   | Yes, I Can Move™   | Unavailable | Unavailable | Unavailable | Available   | Unavailable |       |
|   | Off-Site:  |             |             |             |             |             |       |
|   | Off-Site:  |             |             |             |             |             |       |
|   | <b>Total Healing Arts</b>                                    |             |             |             |             |             |       |
| Physical Wellness & Healing Arts Combo<br><i>Max 2 Per Week</i> | Mindful Movement / BED™ / Boxing                             | Available   | Unavailable | Unavailable | Unavailable | Unavailable |       |
|   | Mindful Movement / BED™ / Drums Alive®                       | Unavailable | Unavailable | Available   | Unavailable | Unavailable |       |
|   | ZOOM Mindful Movement / BED™ / Boxing                        | Available   | Unavailable | Unavailable | Unavailable | Unavailable |       |
|   | ZOOM Mindful Movement / BED™ / Drums Alive®                  | Unavailable | Unavailable | Available   | Unavailable | Unavailable |       |
|   | Off-Site:  |             |             |             |             |             |       |
|   | Off-Site:  |             |             |             |             |             |       |
|   | <b>Total Combo</b>   |             |             |             |             |             |       |
| Fit 4 You<br><i>Max 4 Per Week</i>                              | Art Workshop   | Unavailable | Available   | Unavailable | Available   | Unavailable |       |
|   | LOUD Crowd®  | Unavailable | Unavailable | Unavailable | Available   | Unavailable |       |
|   | Melodica with Kevin<br><i>*only 1st &amp; 3rd Wednesdays</i> | Unavailable | Unavailable | Available   | Unavailable | Unavailable |       |
|   | Music That Moves You   | Unavailable | Available   | Unavailable | Available   | Unavailable |       |
|   | Say It Like You Mean It                                      | Available   | Unavailable | Unavailable | Unavailable | Unavailable |       |
|   | Think Loud   | Unavailable | Unavailable | Unavailable | Available   | Unavailable |       |
|   | Off-Site:  |             |             |             |             |             |       |
|   | Off-Site:  |             |             |             |             |             |       |
|   | <b>Total Fit 4 You</b>                                       |             |             |             |             |             |       |

= class offering available

= weekly total

Name:  
Weekly Schedule Starting:



### Notes (Yellow Clients)

| Class Type                             |  |
|--|--|
| Healing Arts                           |  |
| Physical Wellness & Healing Arts Combo |  |
| Fit 4 You                              |  |