

Name: _____
 Weekly Schedule Starting: _____



Activity Tracker (Green Clients)

Class Type	Class	Monday	Tuesday	Wednesday	Thursday	Friday	Total
Healing Arts <i>Max 3 Per Week</i>	Mindful Movement	Available	Unavailable	Available	Available	Available	
	ZOOM Mindful Movement	Available	Unavailable	Available	Unavailable	Available	
	Pilates	Unavailable	Available	Unavailable	Unavailable	Unavailable	
	Qigong	Available	Unavailable	Unavailable	Unavailable	Unavailable	
	ZOOM Tai Chi	Available	Unavailable	Unavailable	Unavailable	Available	
	Yes, I Can Move™	Unavailable	Available	Unavailable	Unavailable	Unavailable	
	Off-Site:						
	Off-Site:						
	Total Healing Arts						
Physical Wellness <i>Max 5 Per Week</i>	BED™	Available	Unavailable	Available	Unavailable	Unavailable	
	ZOOM BED™	Unavailable	Unavailable	Available	Unavailable	Available	
	BED™ / Boxing	Available	Available	Unavailable	Unavailable	Unavailable	
	BED™ Cardio / Falls Prevention	Unavailable	Available	Unavailable	Available	Unavailable	
	BED™ Strength / Drums Alive®	Unavailable	Unavailable	Unavailable	Unavailable	Available	
	Boxing	Unavailable	Unavailable	Available	Unavailable	Unavailable	
	Spinning	Available	Available	Unavailable	Available	Unavailable	
	ZOOM Spinning	Unavailable	Available	Unavailable	Unavailable	Unavailable	
	Off-Site:						
	Off-Site:						
Total Physical Wellness							5
Fit 4 You <i>Max 3 Per Week</i>	Art Workshop	Unavailable	Available	Unavailable	Available	Unavailable	
	Brain Builder	Available	Unavailable	Unavailable	Unavailable	Unavailable	
	ZOOM Brain Builder	Available	Unavailable	Unavailable	Unavailable	Unavailable	
	Handwriting *8-week workshop	Unavailable	Unavailable	Available	Unavailable	Unavailable	
	LOUD Crowd®	Unavailable	Unavailable	Unavailable	Available	Unavailable	
	Melodica with Kevin <i>*only 1st & 3rd Wednesdays</i>	Unavailable	Unavailable	Available	Unavailable	Unavailable	
	Music That Moves You	Unavailable	Available	Unavailable	Available	Unavailable	
	Say It Like You Mean It	Available	Unavailable	Unavailable	Unavailable	Unavailable	
	Speech, Swallow and Cognition <i>*8-week educational series</i>	Unavailable	Unavailable	Unavailable	Available	Unavailable	
	Think Loud	Unavailable	Unavailable	Unavailable	Available	Unavailable	
	ZOOM Think Loud	Unavailable	Unavailable	Unavailable	Available	Unavailable	
	Off-Site:						
Off-Site:							
Total Fit 4 You							3

= class offering available

= weekly total

Name:
Weekly Schedule Starting:



Notes (Green Clients)

Class Type	
Healing Arts	
Physical Wellness	
Fit 4 You	